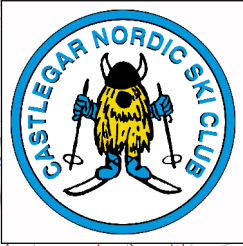


FUN TROLL LOPPET - 30 km. Route



www.castlegarnordic.ca

Loppet Start & Finish
Viking Centre
 (Icons: Public Shelter, Parking, Survival Kit, Toilet)



Mitchener Creek

Summs Creek

Ben Shaw

Old Growth Trail

Seal Creek

Ridge Trail

Big Sheep Creek

Highway #3

Winterberry Trail

Rosland - Paulson Trail

Glenmerry Trail

Lamb Trail

Rosland - Paulson Trail

Ivar Trail

Glenmerry Trail

Nordic Shelter

Norwegian Trail

Nancy Greene Provincial Park

Nancy Greene Lake

Ben Shaw Shelter
 (Icons: Public Shelter, Survival Kit, Toilet)

Nordic Shelter
 (Icons: Public Shelter, Survival Kit, Toilet)

Glenmerry Shelter
 (Icons: Public Shelter, Survival Kit, Toilet)

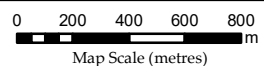
Legend

- (Public Shelter icon) Public Shelter
- (P icon) Parking
- (Red cross icon) Survival Kit
- (Toilet icon) Toilet

Ski Trails - Ability Level

- (Green line) Beginner
- (Blue line) Intermediate
- (Black line) Advanced
- (Dashed line) Untracked Trails

2.8 Distance between points in Kilometers



30K LOPPET ROUTE
 START (Viking Centre)-->Booty's-->
 Ben Shaw-->Rosland-Paulson-->
 Connector-->Winterberry-->up Glenmerry
 -->Lamb Creek-->Rosland-Paulson-->
 Ivars-->Glenmerry-->Pine-->Snowberry
 -->Old Growth-->down Ridge-->Ben Shaw
 -->up Pine-->up Seal Creek-->Snowberry
 -->down Pine-->Huckleberry-->Rosland-
 Paulson-->Zig Zag-->Mud Lake-->
 FINISH (Viking Centre)

NOTE: Please follow the colour-coded route direction arrows for your route located on the right-hand side of the trails.

Loppet Route Arrow Colours:
 10 Km Route: Yellow
 16 Km Route: Red
 20 Km Route: Orange
 30 Km Route: Blue
 40 Km Route: Green